

# Portugal Youth Rugby Festival 2010

## Rugby Tour Information

**Destination:** Lisbon, Portugal  
**Dates:** 26<sup>th</sup> March 2010



**0800 0433887**  
**info@Tours4Sport.com**

## Tour Costs

	4 days, 3 nights	5 days, 4 nights
Holiday Park/Youth hostel package	£215	£249
3* hotel package	£265	£299

## Tour Manager



## What's Included?

- ★ Meet & greet at Lisbon airport. Bilingual assistance throughout your stay.
- ★ Return airport transfers in Lisbon
- ★ Entry into the 2010 Portugal Youth Rugby Tournament
- ★ 3 nights' half board (breakfast and evening dinner) accommodation in your chosen accommodation.
- ★ Return transfers to both tournament days.
- ★ Free admission into all activities and associated events at the tournament.
- ★ Tournament kit, including an event T-Shirt
- ★ Tours 4 liaison assistance throughout your stay in Portugal.
- ★ Itinerary Planning Service – Details of places to visit + prices.
- ★ Payment Protection

## Map



## Optional Extras

- ★ Prices **do not include** flights.
- ★ Endsleigh Sports Cover Travel Insurance
- ★ Personalised tour clothing.

## Provisional Tour Itinerary

- Day 1
- ★ Arrive at Lisbon airport, meet your friendly driver and tour manager and transfer to your accommodation on a private coach.
  - ★ Arrive at your hotel and check in with the assistance of their bilingual staff.
  - ★ Evening meal at accommodation and free time to explore the local area.
- Day 2
- ★ Breakfast at accommodation and coach transfer to tournament venue.
  - ★ Pool matches of the 2009 Portugal Youth Rugby Festival.
  - ★ Transfer back to accommodation for dinner.
  - ★ Free evening and an early night in preparation for tomorrow's finals.
- Day 3
- ★ Breakfast at accommodation and coach transfer to tournament venue
  - ★ Finals day of the 2009 Portugal Youth Rugby Tournament
  - ★ End of tournament party and prize giving ceremony
  - ★ Transfer back to accommodation.
  - ★ Free evening.
- Day 4
- ★ Breakfast, check out, coach transfer to airport and depart.





# Lisbon

## Sports Tour Information

A fantastic international rugby tournament held in a beautiful part of Europe. Combine good rugby with warm weather, beautiful coastline and a wonderful capital city for a tour to remember.



0800 0433887  
info@Tours4Sport.com

## Introduction

Portugal is a growing rugby nation. Their qualification for and passionate performances in the last rugby World Cup shows how much the game means to the small but committed rugby community. Most of the nation's rugby is centred around the Lisbon area, where Tours 4 Sport enjoys strong links with several clubs.

The Portugal Youth Rugby Festival will enter its second year in 2010. Last year's event was a great success, with a total of 64 teams competing over the 4 age categories. The tournament aim is to provide each team with plenty of good quality rugby over two days. Saturday will see each team play in qualification groups with 4 to 5 games per team across the day. Sunday is Finals Day with quarters, semis and finals with teams pitched at your level based on the previous day's league standings. Teams on Sunday will play 2 or 3 games each.

The age categories are under 12s, 14s, 16s and 18s. U12s play 10 a side, U14s 12 a side and the older categories play fifteens. Game durations are 2 x 10 minutes for the two youngest categories, 2 x 15 minutes for the older categories.

The rugby venue is outstanding. After trudging through an inevitably muddy winter in the UK, what could be better than playing on the perfect Portuguese surfaces in warm weather? The professionals look forward to it – Portugal is the top European venue for pre and mid season training camps for professional football and rugby sides, and now you can make the most of it too. The tournament site in the National Stadium complex in Jamor Valley has 5 excellent grass pitches. There will be full medical presence at the tournament plus of course bars and catering on site to purchase food and drink. The tournament will close on Sunday with an awards ceremony and party with live music.

## Accommodation

In order to offer the broadest range of options to your group, we have three different accommodation categories to offer, moving between central Lisbon and Cascais out on the coast to the west of the city.

**HOLIDAY PARK.** This is an excellent way to have safe, affordable accommodation with good on-site facilities. We have two options: a bungalow park just 8km to the west of Lisbon, set in a 900 hectare forest park. On site facilities include restaurant, bar, outdoor swimming pool and tennis court. A second option is a beachside bungalow park, within walking distance to the magnificent Guincho beach, outside Cascais to the west of Lisbon. This is another wooded site. On site tennis court, bar, shop and dining area.

**HOSTEL.** Group friendly, comfortable accommodation allowing you access to the best destinations at an affordable price. If you want to stay in central Lisbon, then our first hostel option is best for you, located in the city centre next to Marques de Pombal and Anevida da Liberdade. Easy access to all of Lisbon's cultural, historical and leisure sites – this would make for a real city based rugby tour. Group would be accommodated in multi bedded rooms. Hostel features a bar, restaurant and common room with pool table. We have another hostel option in Oeiras which has other advantages: the hostel itself is an 18<sup>th</sup> century fort, has a large terrace with sea views over the marina and is within walking distance to the long, sandy Carcavelos beach.

## Ages

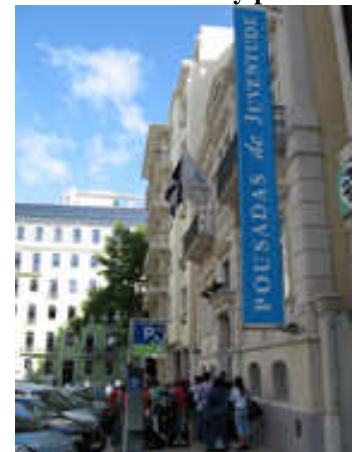
- U12 (1998/99)
- U14 (1996/97)
- U16 (1994/95)
- U18 (1992/93)



pool at Lisbon holiday park



Guincho holiday park



Lisbon hostel



Oeiras hostel



**3\* HOTEL.** If you want a bit more luxury in a smart coastal resort then the hotel options could be for you. Hotel Estoril is located in the heart of Estoril, a popular tourist town to the West of Lisbon. You are within easy walking distance of the beach, the train station and Europe's largest casino complex. Hotel facilities include outdoor pool overlooked by the bar terrace. There is a restaurant, shop, hairdressers and conference facility. In the heart of the town, there are many cafés and restaurants in the area. The second option is slightly quieter, located as it is in Monte do Estoril half way between the towns of Estoril and Cascais, although both are within easy walking distance. There are some smaller local shops and restaurants close by also. Facilities again include an outdoor pool and bar, plus a small gym.

**Tours 4 sport**  
**0800 0433887**  
**info@Tours45sport.com**



**Hotel Estoril pool**



**Hotel Monte do Estoril pool**



## Travel

Flights to Lisbon are not included in the package price quoted. The cheapest way of booking the flights are for your group to book directly with budget airlines. Easyjet fly from Bristol, Liverpool, Gatwick and Luton. BMI Baby fly from Manchester and Aer Lingus fly from Dublin. See [www.whichbudget.com](http://www.whichbudget.com) for a full guide. Tours 4 can include flights in your package if required also. Contact your tour manager for more details.

## Activities

Depending on the duration of your stay and your flight times, you might want to include additional activities in your itinerary. Lisbon and the surrounding coastline is a beautiful area with so much to offer. In the city we can provide guided tours by the iconic tram, coach or on foot. Or you could see the city from the river Tagus on an organised cruise. If the water appeals to you, a catamaran cruise might be of interest. A half day catamaran cruise with lunch or dinner on board provides you with an opportunity to see the wonderful coastline and a chance to see dolphins out in the water. Portugal is also one of Europe's top surf destinations and you could take the opportunity to learn at a surf clinic as part of your stay. We can organise tuition with qualified instructors, board and wetsuit hire, lunch at the beach and return transfers. Or you can get your adrenaline kick on dry land, specifically at the large go karting track where we can organise team races for groups. You needn't book the activities at the same time as your main travel package: depending on your fundraising, group preferences and travel itinerary we can add these excursions on in the months leading up to your tour.

## Testimonials

"Thanks for your help in organising an awesome tour to Lisbon, the hotel was fantastic. The opposition were great, gave us a competitive game played in tour spirit and great hosts after. Possibly one of the best tours I've been involved in, thanks again."

**SW Hammersmith & Fulham Lisbon Tour**

"The tour was absolutely awesome. Thanks for all your help."

**JG Peterborough RFC Lisbon Tour**

"It went brilliantly. The stadium tour and match tickets were great, and having a guide on our first night out really helped."

**PC Old Brightonians Lisbon Tour**

